

# Fernando Alves

Fernando is recognized by AHPRA, the Podiatry Board of Australia, and the Sports & Exercise Podiatry Australia Association.

With experience in caring for high-risk diabetic patients and wound care at the Monash Medical Centre, Fernando provides a well-rounded service to ensure patients achieve the best health outcomes using the latest evidence-based practices.

At Foot force Podiatry, a holistic approach to each case is always taken to ensure both the symptoms and causes are addressed. Consultations are thorough and designed to gain a full understanding of the patient as a complete person through the assessment of the body, lifestyle, and activities.

Fernando has a great relationship with some of the most renowned Podiatric Surgeons, Physiotherapists, and Sports Podiatrists across Melbourne to ensure patients receive the best multidisciplinary care possible.

Patients who see Fernando can expect gentle treatments by an honest and caring podiatrist, who also loves a chat.

## **Podiatry treatments available**

Effective and painless wart treatments  
Routine care of nails, corn, and callus  
Exercise and running programs  
Joint and muscle testing  
Joint mobilization  
Stretching and strengthening programs  
Orthotic therapy  
Diabetes assessments and education  
Footwear advice  
Nail surgery

## **Common conditions**

Heel and foot pain  
Heel spur  
Plantar Fasciitis  
Shin Splints  
Growing feet  
Ingrown toenails  
Plantar foot warts  
Corns and callus  
Dry heels  
Athletes foot  
Fungal nail