

Fernando Alves

Fernando is recognized by AHPRA, the Podiatry Board of Australia, and the Sports & Exercise Podiatry Australia Association.

With experience in caring for high-risk diabetic patients and wound care at the Monash Medical Centre, Fernando provides a well-rounded service to ensure patients achieve the best health outcomes using the latest evidence-based practices.

At Foot force Podiatry, a holistic approach to each case is always taken to ensure both the symptoms and causes are addressed. Consultations are thorough and designed to gain a full understanding of the patient as a complete person through the assessment of the body, lifestyle, and activities.

Fernando has a great relationship with some of the most renowned Podiatric Surgeons, Physiotherapists, and Sports Podiatrists across Melbourne to ensure patients receive the best multidisciplinary care possible.

Patients who see Fernando can expect gentle treatments by an honest and caring podiatrist, who also loves a chat.

Podiatry treatments available

Effective and painless wart treatments
Routine care of nails, corn, and callus
Exercise and running programs
Joint and muscle testing
Joint mobilization
Stretching and strengthening programs
Orthotic therapy
Diabetes assessments and education
Footwear advice
Nail surgery

Common conditions

Heel and foot pain
Heel spur
Plantar Fasciitis
Shin Splints
Growing feet
Ingrown toenails
Plantar foot warts
Corns and callus
Dry heels
Athletes foot
Fungal nail